

March 12, 2024 at 6 PM

Everybody's Doing It: Resources and Creative Ideas for Healthy Aging



Sierra Nevada Forums are produced in partnership with the American Association of University Women and the League of Women Voters of Northern Nevada. The forums are co-sponsored by the Nevada Appeal and this marks the 8th season of free community forums on topics of current interest.

Join Sierra Nevada Forums for this discussion. Ask your questions at this FREE forum.



Join Sierra Nevada Forums on March 12, 2024, for a discussion with five panelists who lead organizations that are providing existing services and exploring future options for healthy aging in Carson City.

The panelists will discuss positive choices and options - whether they exist yet in our town or not - for aging in a community or communities where elders continue to be engaged, connected, and supported.

Presenters

Dr. Colleen Lyons

Member;
Sage Village exploratory committee

William Palmer

Executive Council, AARP Nevada

Lisa Pohl

Outreach Coordinator,
Connections Carson City

Molly Walt

Executive Director,
Carson City Senior Center

Courtney Warner

Executive Director,
Carson City Senior Center

Anne Macquarie

Moderator

**Brewery Arts Center
Performance Hall
511 W King St., Carson City
Doors open at 5:30 p.m.
Program starts at 6 p.m.**



RSVP

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